

The Third Hour

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen. Glory to Thee, our God, glory to Thee.

O Heavenly King, Comforter, Spirit of Truth, Who art everywhere present and fillest all things, Treasury of good things and Giver of life: Come and dwell in us, and cleanse us of all impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord have mercy. (*Thrice*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen. Lord have mercy. (*12 times*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O come, let us worship God our King.

O come, let us worship and fall down before Christ our King and God.

O come, let us worship and fall down before Christ Himself, our King and God.

Psalm 16

Hearken, O Lord, unto my righteousness, attend unto the voice of my supplication. Give ear unto my prayer, which cometh not from deceitful lips. From before Thy face let my judgment come forth, let mine eyes behold uprightness. Thou hast proved my heart, Thou hast visited it in the night, Thou hast tried me by fire, and unrighteousness was not found in me. That my mouth may not speak of the works of men, for the sake of the words of Thy lips have I kept the ways that are hard. Set my footsteps in Thy paths, that my steps may not be shaken. I have cried for Thou hast hearkened unto me, O God. Incline Thine ear unto me, and hearken unto my words. Let Thy mercies be made wonderful, O Thou that savest them that hope in Thee. From them that have resisted Thy right hand, keep me, O Lord, as the apple of Thine eye. In the shelter of Thy wings wilt Thou shelter me, from the face of the ungodly which have oppressed me. Mine enemies have surrounded my soul, they have enclosed themselves with their own fat, their mouth hath spoken pride. They that have cast me out have now encircled me, they have set their eyes to look askance on the earth. They have taken me as might a lion ready for his prey, and as might a lion's whelp that dwelleth in hiding. Arise, O Lord, overtake them and trip their heels; deliver my soul from ungodly men, Thy sword from the enemies of Thy hand. O Lord, from Thy few do Thou separate them from the earth in their life; yea, with Thy hidden treasures hath their belly been filled. They are satisfied with children and have left the rest of their substance to their babes. But as for me, in righteousness shall I appear before Thy face; I shall be filled when Thy glory is made manifest to me.

Psalm 24

Unto Thee, O Lord, have I lifted up my soul. O my God, in Thee have I trusted; let me never be put to shame, nor let mine enemies laugh me to scorn. Yea, let none that wait on Thee be put to shame; let them be ashamed which are lawless without a cause. Make Thy ways, O Lord, known unto me and teach me Thy paths. Lead me in Thy truth and teach me, for Thou art God my Savior; for on Thee have I waited all the day long. Remember Thy compassions, O Lord, and Thy mercies, for they are from everlasting. The sins of my youth and mine ignorances remember not; according to Thy mercy remember Thou me, for the sake of Thy goodness, O Lord. Good and upright is the Lord; therefore will He set a law for them that sin in the way. He will guide the meek in judgment, He will teach the meek His ways. All the ways of the Lord are mercy and truth, unto them that seek after His covenant and His testimonies. For the sake of Thy name, O Lord, be gracious unto my sin; for it is great. Who is the man that feareth the Lord? He will set him a law in the way which he hath chosen. His soul shall dwell among good things, and his seed

shall inherit the earth. The Lord is the strength of them that fear Him, and His covenant shall be manifested unto them. Mine eyes are ever toward the Lord, for He it is that will draw my feet out of the snare. Look upon me, and have mercy on me; for I am one only-begotten and poor. The afflictions of my heart are multiplied; bring me out from my necessities. Behold my lowliness and my toil, and forgive all my sins. Look upon mine enemies, for they are multiplied, and with an unjust hatred have they hated me. Keep my soul and rescue me; let me not be put to shame, for I have hoped in Thee. The innocent and the upright have cleaved unto me, for I waited on Thee, O Lord. Redeem Israel, O God, out of all his afflictions.

Psalm 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be builded. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Thine altar.

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to Thee, O God. *Thrice.*

Lord, have mercy. *Thrice.*

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.
O Lord, Who didst rise from the dead, //
glory to Thee.

Glory to the Father and to the Son and to the Holy Spirit.

In truth thou wast revealed to thy flock as a rule of faith,
an image of humility and a teacher of abstinence;
thy humility exalted thee;
and thy poverty enriched thee.
O Hierarch Father Gregory,
entreat Christ our God //
that our souls may be saved!

Both now and ever, and unto the ages of ages. Amen.

O Theotokos; thou art the true vine that hath blossomed forth for us the
Fruit of Life. Thee do we supplicate: Intercede, O Lady, together with the holy
apostles, that our souls find mercy.

Blessed is the Lord God, blessed is the Lord day by day; the God of our
salvation shall prosper us along the way; our God is the God of salvation.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and
ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O
Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy
name's sake.

Lord have mercy. (*Thrice*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen.

Thou didst keep watch with the eyes of thy soul, O holy bishop,
revealing thyself as a watchful pastor for the world.
With the staff of thy wisdom and thy fervent intercession,
thou didst drive away all heretics like wolves, //
and didst preserve thy flock free from harm, O most wise Gregory.

Lord, have mercy. *Forty times.*

Thou Who at all times and at every hour, in heaven and on earth, art worshipped and glorified, O Christ God, Who art long-suffering, plenteous in mercy, most compassionate, Who lovest the righteous and hast mercy on sinners; Who callest all men to salvation through the promise of good things to come: Receive, O Lord, our prayers at this hour, and guide our life toward Thy commandments. Sanctify our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with Thy holy angels, that, guarded and guided by their array, we may attain to the unity of the faith and to the knowledge of Thine unapproachable glory: For blessed art Thou unto the ages of ages. Amen.

Lord, have mercy. *Thrice.*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honorable than the cherubim and beyond compare more glorious than the seraphim; who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen.

O Master God, the Father Almighty, O Lord, the Only-begotten Son, Jesus Christ, and O Holy Spirit, one Godhead, one Power: Have mercy on me a sinner, and by the judgments which Thou knowest, save me, Thine unworthy servant; for blessed art Thou unto the ages of ages. Amen.

The Sixth Hour

O come, let us worship God our King.

O come, let us worship and fall down before Christ our King and God.

O come, let us worship and fall down before Christ Himself, our King and God.

Psalm 53

O God, in Thy name save me, and in Thy strength do Thou judge me. O God, hearken unto my prayer, give ear unto the words of my mouth. For strangers are risen up against me, and mighty men have sought after my soul and have not set God before themselves. For behold, God helpeth me, and the Lord is the protector of my soul. He will bring evils upon mine enemies. Utterly destroy them by Thy truth. Willingly shall I sacrifice unto Thee; I will confess Thy name, O Lord, for it is good. For out of every affliction hast Thou delivered me, and mine eye hath looked down upon mine enemies.

Psalm 54

Give ear, O God, unto my prayer, and disdain not my supplication; attend unto me, and hear me. I was grieved in my meditation, and I was troubled at the voice of the enemy and at the oppression of the sinner; Because they have turned iniquity upon me; and with wrath were they angry against me. My heart is troubled within me, and the terror of death is fallen upon me. Fear and trembling are come upon me, and darkness hath covered me. And I said: Who will give me wings like a dove? And I will fly, and be at rest. Lo, I have fled afar off and have dwelt in the wilderness. I waited for God that saveth me from faint-heartedness and from tempest. Plunge them into the depths, O Lord, and divide their tongues, for I have seen iniquity and gainsaying in the city. Day and night they go round about her upon her walls; iniquity and toil and unrighteousness are in the midst of her. And usury and deceit have not departed from her streets. For if mine enemy had reviled me, I might have endured it. And if he that hateth me had spoken boastful words against me, I might have hid myself from him. But thou it was, O man of like soul with me, my guide and my familiar friend, Thou who together with me didst sweeten my repasts; in the house of God I walked with thee in oneness of mind. Let death come upon such ones, and let them go down alive into hades. For wickedness is in their dwellings, and in the midst of them. As for me, unto God have I cried, and the Lord, hearkened unto me. Evening, morning and noonday will I tell of it and will declare it, and He will hear my voice. He will redeem my soul in peace from them that draw nigh unto me, for they among many were with me. God will hear, and He will humble them, He that is before the ages. For to them there is no requital, because they have not feared God; He hath stretched forth His

hand in retribution. They have defiled His covenant; they were scattered by the wrath of His countenance, and their hearts have convened. Their words were smoother than oil, and yet they are darts. Cast thy care upon the Lord, and He will nourish thee; He will never permit the righteous to be shaken. But Thou, O God, shall bring those men down into the pit of destruction. Bloody and deceitful men shall not live out half their days; but as for me, O Lord, I will hope in Thee.

Psalm 90

He that dwelleth in the help of the Most High shall abide in the shelter of the God of heaven. He shall say unto the Lord: Thou art my helper and my refuge. He is my God, and I will hope in Him. For He shall deliver thee from the snare of the hunters and from every troubling word. With His shoulders shall He overshadow thee, and under His wings shalt thou have hope. With a shield will His truth encompass thee; thou shalt not be afraid for the terror by night, nor for the arrow that flieth by day. Nor for the thing that walketh in darkness, nor for the mishap and demon of noonday. A thousand shall fall at thy side, and ten thousands at thy right hand, but unto thee shall it not come nigh. Only with thine eyes shalt thou behold, and thou shalt see the reward of sinners. For Thou, O Lord, art my hope. Thou madest the Most High thy refuge; No evils shall come nigh unto thee, and no scourge shall draw nigh unto thy dwelling. For He shall give His angels charge over thee, to keep thee in all thy ways. On their hands shall they bear thee up, lest at any time thou dash thy foot against a stone. Upon the asp and basilisk shalt thou tread, and thou shalt trample upon the lion and dragon. For he hath set his hope on Me, and I will deliver him; I will shelter him because he hath known my name. He shall cry unto me, and I will hearken unto him. I am with him in affliction, and I will rescue him and glorify him. With length of days will I satisfy him, and I will show him My salvation.

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to Thee, O God. *Thrice.*

Lord, have mercy. *Thrice.*

The Angelic Powers were at Thy tomb;

the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.
O Lord, Who didst rise from the dead, //
glory to Thee.

Glory to the Father and to the Son and to the Holy Spirit.

When Thou, O Lord, wast baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to Thee,
and called Thee His beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, Who hast revealed Thyself //
and hast enlightened the world, glory to Thee.

Both now and ever, and unto the ages of ages. Amen.

Seeing that we have no boldness on account of our many sins, do thou beseech Him that was born of thee, O Virgin Theotokos for the supplication of a mother availeth much to win the Master's favor. Disdain not the prayers of sinners, O all-pure one, for merciful and mighty to save is He Who deigned also to suffer for our sake.

Let Thy compassions quickly go before us, O Lord, for we are become exceedingly poor. Help us, O God our Savior, for the sake of the glory of Thy name. O Lord, deliver us and be gracious unto our sins for Thy name's sake.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord have mercy. (*Thrice*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen.

Today Thou hast shone forth to the world, O Lord, and the light of Thy countenance has been marked on us. Knowing Thee, we sing Thy praises:
"Thou hast come and revealed Thyself, //
O unapproachable Light."

Lord, have mercy. *Forty times*.

Thou Who at all times and at every hour, in heaven and on earth, art worshipped and glorified, O Christ God, Who art long-suffering, plenteous in mercy, most compassionate, Who lovest the righteous and hast mercy on sinners; Who callest all men to salvation through the promise of good things to come: Receive, O Lord, our prayers at this hour, and guide our life toward Thy commandments. Sanctify our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with Thy holy angels, that, guarded and guided by their array, we may attain to the unity of the faith and to the knowledge of Thine unapproachable glory: For blessed art Thou unto the ages of ages. Amen.

Lord, have mercy. *Thrice*.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honorable than the cherubim and beyond compare more glorious than the seraphim; who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen.

O God and Lord of Hosts, and Maker of all Creation, Who by the tender compassion of Thy mercy which transcendeth comprehension, didst send down Thine only-begotten Son, our Lord Jesus Christ, for the salvation of our race, and by His precious Cross didst tear asunder the handwriting of our sins, and thereby didst triumph over the principalities and powers of darkness: Do Thou Thyself, O Master, Lover of mankind, accept also from us sinners these prayers of thanksgiving and entreaty, and deliver us from every destructive and dark transgression, and from all enemies, both visible and invisible, that seek to do us evil. Nail down our flesh with the fear of Thee, and incline not our hearts unto words or thoughts of evil, but pierce our souls with longing for Thee, so that ever looking to Thee, and being guided by Thy Light as we behold Thee, the unapproachable and everlasting Light, we may send up unceasing praise and thanksgiving unto Thee, the Unoriginate Father, with Thine Only-begotten Son, and Thine All-holy and good and life-creating Spirit, now and ever, and unto the ages of ages. Amen.

Typika

O come, let us worship God our King.
O come, let us worship and fall down before Christ our King and God.
O come, let us worship and fall down before Christ Himself, our King and God.

The antiphons may be sung or chanted.

The First Antiphon

When Israel went forth from Egypt, the house of Jacob from a people of strange language, *(Ps. 113:1)*

Refrain: Through the prayers of the Theotokos, O Savior, save us!

Judah became His sanctuary, Israel His dominion. *(Ps. 113:2) (Refrain)*

The sea looked and fled; Jordan turned back. *(Ps. 113:3) (Refrain)*

What ailed thee, O sea, that thou fleddest? O Jordan, that thou didst turn back?
(Ps. 113:5) (Refrain)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen. *(Refrain)*

Lord have mercy. *(Thrice)*

Glory to the Father and to the Son and to the Holy Spirit, both now and ever,
and unto the ages of ages. Amen.

The Second Antiphon

I love the Lord because He has heard my voice and my supplication. *(Ps. 114:1)*

Refrain: O Son of God, baptized in the Jordan, save us who sing to Thee:
Alleluia!

Because He inclined His ear to me, therefore I will call on Him as long as I live.
(Ps. 114:2) (Refrain)

The snares of death encompassed me; the pangs of Sheol laid hold on me; I suffered distress and anguish, then I called on the Name of the Lord.
(Ps. 114:3-4a) (Refrain)

Gracious and righteous is the Lord; our God is merciful. *(Ps. 114:5) (Refrain)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only-begotten Son and immortal Word of God, Who for our salvation didst will to be incarnate of the holy Theotokos and Ever-virgin Mary, Who without change didst become man and wast crucified, O Christ our God, trampling down death by death, Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

Lord have mercy. *(Thrice)*

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

The Third Antiphon

O give thanks to the Lord, for He is good; for His mercy endures forever. *(Ps. 117:1)*

Tone 1 Troparion

When Thou, O Lord, wast baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to Thee,
and called Thee His beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, Who hast revealed Thyself//
and hast enlightened the world, glory to Thee.

Let the house of Israel now confess that the Lord is good; for His mercy endures forever. *(Ps. 117:2)*

Troparion of the Feast

Let the house of Aaron now confess that the Lord is good; for His mercy endures forever. *(Ps. 117:3)*

Troparion of the Feast

Let those who fear the Lord now confess that the Lord is good; for His mercy endures forever. *(Ps. 117:4)*

Troparion of the Feast

Entry Hymn

Reader/Singers:

Come let us worship and fall down before Christ,
O Son of God, Who rose from the dead,
save us who sing to Thee: Alleluia, alleluia, alleluia.

Troparia

Reader/Singers:

Tone 6 Troparion *(Resurrection)*

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.
O Lord, Who didst rise from the dead, //
glory to Thee.

Glory to the Father, and to the Son, and to the Holy Spirit,

Tone 4 Troparion *(St. Gregory)*

In truth thou wast revealed to thy flock as a rule of faith,
an image of humility and a teacher of abstinence;
thy humility exalted thee;

and thy poverty enriched thee.
O Hierarch Father Gregory,
entreat Christ our God//
that our souls may be saved!

now and ever, and unto ages of ages. Amen.

Tone 1 Troparion (Feast)

When Thou, O Lord, wast baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to Thee,
and called Thee His beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, Who hast revealed Thyself//
and hast enlightened the world, glory to Thee.

Trisagion

Reader/Singers:

Holy God, Holy Mighty, Holy Immortal have mercy on us. (x3)
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.
Holy Immortal have mercy on us.
Holy God, Holy Mighty, Holy Immortal have mercy on us.

Prokimenon

Reader/Singers:

The Prokeimenon in the 1st tone: Let Thy mercy, O Lord, be upon us / as we
have set our hope on Thee!

Rejoice in the Lord, O you righteous! Praise befits the just!

Let Thy mercy, O Lord, be upon us / as we have set our hope on Thee!

Epistle

Reader: The reading is from the Epistle of the Holy Apostle Paul to Ephesians.

Brethren, But to each one of us grace was given according to the measure of Christ's gift. Therefore He says: "When He ascended on high, He led captivity captive, and gave gifts to men." (Now this, "He ascended" - what does it mean but that He also first descended into the lower parts of the earth? He who descended is also the One who ascended far above all the heavens, that He might fill all things.) And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;

Reader/Singers:

In the 5th tone: Alleluia, Alleluia, Alleluia!

Alleluia, Alleluia, Alleluia!

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Alleluia, Alleluia, Alleluia!

For Thou hast said: Mercy will be established forever; Thy truth will be prepared in the heavens.

Alleluia, Alleluia, Alleluia!

The Gospel

Head of House: The Reading is from the Holy Gospel according to St. Matthew.

Reader/Singers: Glory to Thee, O Lord, Glory to Thee!

(in a plain speaking voice)

Head of House: Now when Jesus heard that John had been put in prison, He departed to Galilee. And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali, that it might be fulfilled which was spoken by Isaiah the prophet, saying: "The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee of the Gentiles: The people who sat in darkness have seen a great light, and upon those

who sat in the region and shadow of death Light has dawned." From that time Jesus began to preach and to say, "Repent, for the kingdom of heaven is at hand."

Reader/Singers: Glory to Thee, O Lord, Glory to Thee!

Reader/Singers: [*In the 6th Sticheron Tone, O Heavenly King Melody*]:

Remember us, O Lord, when Thou comest in Thy kingdom.
Remember us, O Master, when Thou comest in Thy kingdom.
Remember us, O Holy One, when Thou comest in Thy kingdom.

The heavenly choir praises Thee and says: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

Come unto Him, and be enlightened and your faces shall not be ashamed.

The heavenly choir praises Thee and says: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of Holy angels and archangels, with all the heavenly hosts praises Thee and says: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

In plain chant:

Now and ever, and unto ages of ages. Amen.

The Creed

This may be sung or chanted.

All: I believe in one God, the Father Almighty, / Maker of heaven and earth and of all things visible and invisible. / And in one Lord Jesus Christ, the Son of God, / the Only-begotten, begotten of the Father before all ages; / Light of Light, true God of true God; / begotten, not made; of one essence with the Father, by Whom all things were made; / Who for us men and for our salvation came down from the heavens, / and was incarnate of the Holy Spirit and the Virgin Mary, and became man; / And He was crucified for us under Pontius Pilate, / and suffered and was buried; / And the third day He rose again, according to the Scriptures; / And ascended into heaven, and sits at the right hand of the Father; / And He shall come again, with glory, to judge the living and the dead; / Whose kingdom shall have no end. / And in the Holy Spirit, the Lord, the Giver of life; Who proceeds from the Father; / Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets. / In One, Holy, Catholic, and Apostolic Church. / I acknowledge one baptism for the remission of sins. / I look for the resurrection of the dead, / and the life of the age to come. Amen.

Reader: Remit, pardon, forgive, O God, our offenses, both voluntary and involuntary, in deed and word, in knowledge and ignorance, by day and by night, in mind and thought; forgive us all things, for Thou art good and the Lover of mankind.

Our Father

This may be sung or chanted.

All: Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Head of House: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

Reader/Singers: Amen.

Kontakia

Tone 6 Kontakion (Resurrection)

When Christ God, the Giver of Life,
raised all of the dead from the valleys of misery with His mighty hand,
He bestowed resurrection on the human race.//
He is the Savior of all, the Resurrection, the Life, and the God of all.

Glory to the Father and to the Son and to the Holy Spirit.

Tone 1 Kontakion (*St. Gregory*)

Thou didst keep watch with the eyes of thy soul, O holy bishop,
revealing thyself as a watchful pastor for the world.
With the staff of thy wisdom and thy fervent intercession,
thou didst drive away all heretics like wolves,//
and didst preserve thy flock free from harm, O most wise Gregory.

Now and ever and unto the ages of ages. Amen

Tone 4 Kontakion (*Feast*)

Today Thou hast shone forth to the world, O Lord,
and the light of Thy countenance has been marked on us.
Knowing Thee, we sing Thy praises:
“Thou hast come and revealed Thyself,//
O unapproachable Light.”

Reader: Lord, have mercy. (x12)

O All-Holy Trinity, the consubstantial Dominion, the indivisible Kingdom, and Cause of every Good: Show Thy good will even unto me a sinner; make steadfast my heart and grant it understanding, and take away mine every defilement; enlighten my mind that I may glorify, hymn, worship, and say:

Reader/Singers: One is Holy, One is Lord, Jesus Christ, to the glory of God the Father. Amen.

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Psalm 33

Reader/Singers: I will bless the Lord at all times, * His praise shall continually be in my mouth. * In the Lord shall my soul be praised; * let the meek hear and be glad.

O magnify the Lord with me, * and let us exalt His name together. * I sought the Lord, and He heard me, * and delivered me from all my tribulations.

Come unto Him, and be enlightened, * and your faces shall not be ashamed. * This poor man cried, and the Lord heard him, * and saved him out of all his tribulations.

The angel of the Lord will encamp round about them that fear Him, * and will deliver them. * O taste and see that the Lord is good; * blessed is the man that hopeth in Him.

O fear the Lord, all ye His saints; * for there is no want to them that fear Him. * Rich men have turned poor and gone hungry; * but they that seek the Lord shall not be deprived of any good thing.

Come ye children, hearken unto me; * I will teach you the fear of the Lord. * What man is there that desires life, * who loves to see good days?

Keep thy tongue from evil, * and thy lips from speaking guile. * Turn away from evil, and do good; * seek peace, and pursue it.

The eyes of the Lord are upon the righteous, * and His ears are opened unto their supplication. * The face of the Lord is against them that do evil, * utterly to destroy the remembrance of them from the earth.

The righteous cried, and the Lord heard them, * and He delivered them out of all their tribulations. * The Lord is nigh unto them that are of a contrite heart, * and He will save the humble of spirit. *

Many are the tribulations of the righteous, * and the Lord shall deliver them out of them all. * The Lord keepeth all their bones, * not one of them shall be broken.

The death of sinners is evil, * and they that hate the righteous shall do wrong. * The Lord will redeem the souls of His servants, * and none of them will do wrong that hope in Him.

Hymn to Theotokos

Reader/Singers: **Tone 2**

Magnify, O my soul, the most pure Virgin Theotokos,
more honorable than the heavenly hosts!

No tongue knows how to praise thee worthily, O Theotokos;
even angels are overcome with awe praising thee.

But since thou art good, accept our faith;
for thou knowest our love inspired by God!
Thou art the defender of Christians, and we magnify thee.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

Lord, have mercy. *Thrice.*

O Lord, Bless.

Head of House: O Lord Jesus Christ, Son of God, Who rose from the dead, and Who deigned to be baptized by John in the Jordon for our salvation, through the prayers of Thy most pure Mother, of our holy and God-bearing fathers, of the Holy Great-Martyr Katherine of Alexandria, of _____ (*The Patron of the Family/House*), of St. Gregory, Bishop of Nyssa. and St. Theophan the Recluse, Bishop of Tambov, whom we commemorate today, and all the saints, have mercy on us and save us, for Thou art good and the Lover of mankind.

Reader/Singers: Amen.

The life(lives) of the saint(s) of the day or some other edifying material may be read.